

TECHNOLOGY LISTS

Virtual Nutrition Education Sessions

SIMPLE, ECONOMICAL PLUG & GO

(\$100)

OPTION

1

Emart 10-inch selfie ring light with adjustable tripod stand & cell phone holder \$45

Wireless headset lavalier microphone system - Alvoxcon wireless lapel mic \$55

OPTION

2

“PROSUMER” HIGHER QUALITY & MORE USES

Godox SL60W light kit with soft box \$170

Røde lavalier mic \$80

Røde wireless system \$200

(\$500)

Neewer photography light stands (2) \$50